

2019

BIKE WALK & RUN

SUNDAY, MAY 26
AT UPPER SAUCON TOWNSHIP
COMMUNITY PARK



JOIN US FOR OUR
ANNUAL BIKE, WALK & RUN
BENEFITING THE JCC FITNESS DEPARTMENT

REGISTER AT THE JCC WELCOME DESK, BY CALLING
610.435.3571, OR ONLINE AT LVJCC.ORG/BIKE



START TIMES

7:30 AM	50 MILE BIKE RIDE
8:30 AM	36 MILE BIKE RIDE
9:30AM	20 MILE BIKE RIDE
10:30AM	10 MILE BIKE RIDE
	5K FUN RUN
11:00AM	FAMILY WALK

RAFFLE

\$5/1 TICKET **\$50/15 TICKETS**
\$20/5 TICKETS **\$75/30 TICKETS**

RAFFLE DRAWINGS WILL TAKE PLACE AFTER
ALL EVENTS AT 12:00PM

PRIZES INCLUDE AN \$800 BIKE/BIKE CREDIT
FROM FITNESS CENTRAL, AND MORE

PRICES

\$36/ADULT
**\$20/ADDITIONAL FAMILY
MEMBER**
\$10/13 AND UNDER
\$10/SPECTATOR

INCLUDES EVENT T-SHIRT
AND FOOD

FOR MORE INFORMATION CONTACT NOLIE SCHNEIDER, FITNESS MANAGER
AT 610.435.3571 OR NSCHNEIDER@LVJCC.ORG



JCC OF THE LEHIGH VALLEY

702 N. 22ND STREET ALLENTOWN, PA 18104 | 610.435.3571 | LVJCC.ORG/BIKE